Navigation Controller: <https://www.youtube.com/watch?v=LbAd2FIlnos>

Nav controller prog : <https://www.youtube.com/watch?v=Ime8NK5NLgc>

In action->instantiate storyboard:

1.vc=storyboard.instantiateVC(withidentifier)

Instantiatestoryboard: https://cocoacasts.com/mastering-navigation-with-coordinators-instantiating-view-controllers-from-a-storyboard

2.self.nc.pushvc

SCROLLVIEW : <https://www.youtube.com/watch?v=GRXay2TBqeI>

Add scroll

Set all sides

Add stack view:side to content view

Width to frame layout

Add uiviews under stack